In this presentation, we will learn how the historically Christian theological tradition of practical theology can be applied beyond the contexts of Christianity to Buddhism. After considering how the term “theology” translates into Buddhist contexts, we will consider how different models of practical theology can be generalized and theologically customized to offer well-tested methods with which Buddhist leaders and congregations can engage in critical, reflexive, normative, and pragmatic praxis. By this proof of principle for the special case of Buddhism, we will see that practical theological methods, when generalized and customized theologically and culturally, can be beneficially applied in any non-Christian religious or spiritual tradition.